

## Arlington Coalition for Healthy and Resilient Youth Meeting Notes for 6-5-25

### Attendees

Abby Bormann	Arlington Library
Ardis Schmiede	Stilly Valley Health Connections
Baile Linklater	Student
DJ Lockwood	Arlington Boys and Girls Club
Kerri Helgeson	Arlington Public Schools
Mandy Kruger	City of Arlington
Mary Levesque	Parent
Mike Gilbert	Arlington Police Dept.
Sarah Higginbotham	Coalition Coordinator



### Welcome and Introductions

The meeting started at 3:30pm with introductions. No one joined us via Teams. We celebrated our graduate with ice cream cake.

### Work Group Updates

#### *Education for All*

The group discussed high school lunch outreach and came up with a few questions to ask adults while tabling this summer; sharing Healthy Youth Survey data with the tri-fold science fair display; and age-appropriate training for parents.

The next meeting is **Thursday, June 12<sup>th</sup>, at 3pm** in the Rainer A conference room at Cascade Valley Hospital. All are welcome.

#### *Youth Empowerment*

The group did not have a meeting but shared about the high school lunch outreach. A private YouTube playlist is being created for those interested in hearing what high schoolers are listening to. Clubs that were suggested to connect with to raise awareness and interest with students included NHS, Key Club, and Diversity Club. Meetings postponed at this time.

#### *Support Systems*

The group didn't meet this month. They received an update from the Health Care Authority that the funding is postponed until further notice. May need to reevaluate this goal. Meetings postponed at this time.

#### *Coalition Marketing*

Going with a different logo with block text. Will add meeting times on website and how people can get involved. Need more established groups and activities for people to get involved before recruiting volunteers. Churches are an opportunity to access youth. The next meeting is on **Tuesday, June 17<sup>th</sup>, at 3:30pm** virtually.

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### **Talking Points, Elevator Speech & Volunteer Recruitment**

Discussion shifted away from talking points, elevator speech and volunteer recruitment to focus on a fall event. Timelines need to be established and the focus needs to be on event planning. We need a project with concrete goals to create momentum.

Our goal is to create an event for Fall with a September 1<sup>st</sup> deadline for marketing to the public. ASB has funding for speakers. What do parents and youth want in an event?

### **Wrap up and Tabling Events Sign-Up**

There are many opportunities for us to be in the community and raise awareness. The Coalition Coordinator will attend all events and needs at least one other person for each event.

Education for All & Marketing are the focus for the summer.

### **Next Meetings**

Education for All - **Thursday, June 12<sup>th</sup>, 3:00pm** in the Rainer A Conference Room at Cascade Valley Hospital – Focus is on the Fall event planning.

Marketing – **Tuesday, June 17<sup>th</sup>, 3:30pm** virtually

**Microsoft Teams** [Join the meeting now](#) Meeting ID: 226 994 462 906 1 Passcode: Er9m2jK7

Coalition – **Thursday, July 10<sup>th</sup>, 3:30pm** in the City of Arlington Council Chambers or virtually

**Microsoft Teams** [Join the meeting now](#) Meeting ID: 245 076 508 407 7 Passcode: us3ox7K2