

## Arlington Coalition for Healthy and Resilient Youth Meeting Notes for 5-8-25

### Attendees

Abby Bormann	Arlington Library
Baile Linklater	Student
Brittany Bevis-Sciuto	SnoCo Health Dept
Carson Raz	Youth
DJ Lockwood	Arlington Boys and Girls Club
Erika Coghill	Stilly Valley Health Connections
Mark Howard	Parent/Lakewood Coalition Coordinator
Mike Gilbert	Arlington Police Dept.
Monica Jackson	Arlington Library
Rowan Hindle	Stillaguamish Tribe of Indians
Sarah Higginbotham	Coalition Coordinator
Sarah Lopez	City of Arlington

### Welcome and Introductions

The meeting started at 3:30pm with introductions. Brittany joined us via Teams.

### Work Group Updates

#### *Education for All*

The group reviewed informational materials and narrowed it down for tabling events. The key areas are quitting, health risks, and educating community members on how to talk about substances. This led to a discussion about the tabling events this summer. Assistance was asked for coalition members to sign up for a tabling event. The next meeting is **Thursday, May 15<sup>th</sup> at 3pm** in the Rainer A conference room at Cascade Valley Hospital.

#### *Youth Empowerment*

The group's original focus was on creating a social media presence and utilizing community voices to create content. The last meeting shifted to a discussion about tabling during lunches at the high school to raise coalition awareness and engagement with youth. Assistance was asked for identifying questions to ask youth. Several members submitted questions, and voting is next on the agenda. A student brought up how to address what's in it for the students to participate. Examples were National Honor Society volunteer hours, experience for their resume, and of course, snacks. The next meeting is **not scheduled yet**.

#### *Support Systems*

The group didn't meet this month. They received an update from Health Care Authority that the decision date moved from May 5<sup>th</sup> to June 5<sup>th</sup> as they are reviewing biennial operating budget. The next meeting is **Thursday, May 15<sup>th</sup> at 3:30pm** in the Superintendent's office at the Arlington Public Schools district office.

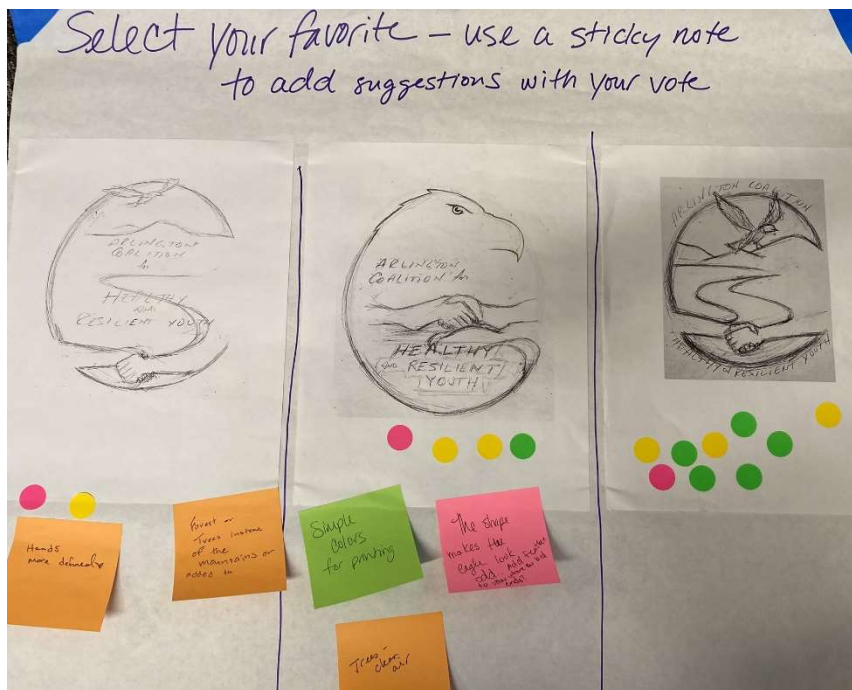
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### Coalition Marketing

The group didn't meet this month. There is work being done on the logo. There was discussion about the website and things that need to be added: meeting information, where people can find us out in the community, how to get involved, and links to resources. Education for All work group asked the Marketing group to provide a coalition brochure. You can find the website here <https://www.stillyvalleyhealth.org/arlingtonyouthcoalition/>. The next meeting is **Tuesday, May 26<sup>th</sup>** at **1:15pm** virtually.

### Sticker Voting Activity

We voted on logo samples, billboard ranking, and questions to ask students while tabling during lunch.



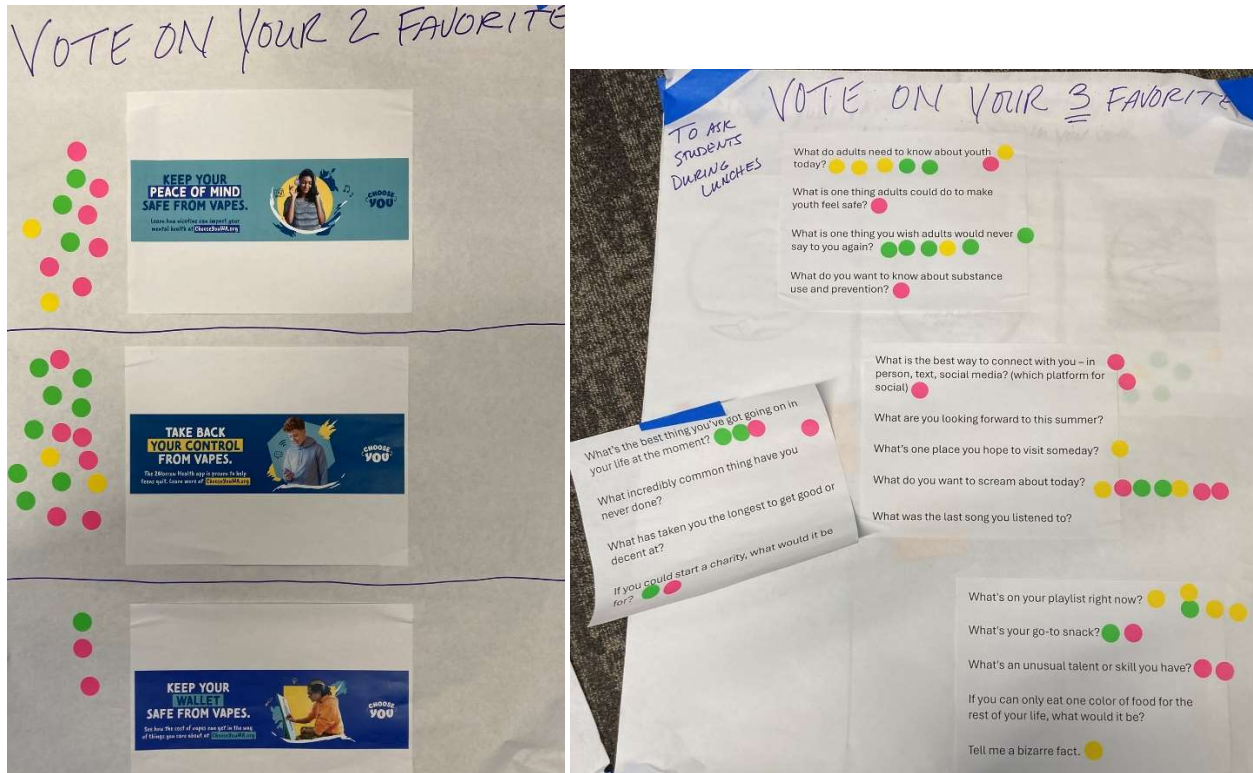
Logo suggestions included:

1<sup>st</sup> sample - hands more defined and forest or trees instead of the mountains

2<sup>nd</sup> sample - simple colors for printing, shape makes the eagle look odd, add feathers to show where it ends, trees & clean air

3<sup>rd</sup> sample – no suggestions and most votes

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The top 4 questions to ask students are:

1. What do adults need to know about youth today? – 7 votes
2. What do you want to scream about today? – 7 votes
3. What is one thing you wish adults would never say to you again? – 6 votes
4. What's on your playlist right now? – 5 votes

### Substance Focus – Nicotine, Cannabis, & Alcohol

We discussed not limiting ourselves to focusing on one substance. We will provide resources for all on the website. The materials we provide for when tabling will be based on the target audience of the event.

### Meeting Schedule and Tabling Events

We decided to maintain meeting the second Thursday of each month through the end of the calendar year. The Council Chambers is available, and a recurring meeting invite will be sent out.

There are many opportunities for us to be in the community and raise awareness. The coalition coordinator will attend all events and needs at least one other person for each event.

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### **Coalition Tabling Opportunities**

#### **May**

Saturday, May 17th Healthy Living in the Stilly Valley @ Legion Park 10am – 2pm

#### **June**

Tuesday, June 17th Beginning of Summer Celebration @ Legion Park 11:30am – 2pm

Wednesday, June 25th APS Cool Bus @ Legion Park 11:30am – 12:30pm

#### **July**

Wednesday, July 2nd APS Cool Bus @ Legion Park 11:30am – 12:30pm

Tuesday, July 8th Afternoon in the Park @ Haller Park from 2pm – 4pm

Wednesday, July 9th APS Cool Bus @ Legion Park 11:30am – 12:30pm

Wednesday, July 16th APS Cool Bus @ Legion Park 11:30am – 12:30pm

Wednesday, July 23rd APS Cool Bus @ Legion Park 11:30am – 12:30pm

Wednesday, July 30th APS Cool Bus @ Legion Park 11:30am – 12:30pm

Wednesday, July 30th Afternoon in the Park @ Haller Park from 2pm – 4pm

#### **August**

Tuesday, August 5th National Night Out @ Legion Park 5:30pm – 7:30pm

Wednesday, August 6th APS Cool Bus @ Legion Park 11:30am – 12:30pm

Saturday, August 16th Arlington Back to School Event – Haller Middle 11am-2pm

Thursday, August 21st Afternoon in the Park @ Haller Park from 2pm – 4pm

Saturday, August 23rd Stillaguamish Back to School Event – Community Center 11am-4pm

Other possibilities – Eagle, Panther, Falcon, and Hawk Days at schools

### **Next Meetings**

Education for All - **Thursday, May 15<sup>th</sup> 3:00pm** in the Rainer A Conference Room at Cascade Valley Hospital

Youth Empowerment – **tabling event Wednesday May 14<sup>th</sup> at AHS**, next meeting not scheduled

Support Systems – **Thursday, May 15<sup>th</sup> 3:30pm** in the Superintendent's office at Arlington Public School district office.

Marketing – **Tuesday, May 26<sup>th</sup> 1:15pm** virtually.

Coalition – **Thursday, June 5<sup>th</sup> 3:30pm** in the City of Arlington Council Chambers.