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Skagit Regional Health Breaks Ground on Arlington Medical Plaza on Cascade Valley Hospital Campus

New three-story, 30,000-square-foot facility will expand access to care in the growing Arlington community

ARLINGTON, WA (July 8, 2026) — Skagit Regional Health, in partnership with Public Hospital District No. 3, Snohomish County, marked a significant milestone this week with the groundbreaking of the Arlington Medical Plaza, a strategic investment in expanding convenient access to high-quality, patient-centered care in Snohomish County. The ceremony took place at the future site on East Medical Center Drive and brought together organizational leaders, clinicians, project partners and community stakeholders.

The Arlington Medical Plaza will be a three-story, 30,000-square-foot facility designed to meet the growing healthcare needs of the community. Upon completion, the building will house primary care, urgent care, imaging and laboratory services, expanding access to care through approximately 20 primary care providers. The building is designed for flexibility, with space on the third floor to allow for future expansion as demand for services continues to grow.

“This groundbreaking represents a meaningful step forward in our long-term commitment to ensuring patients have access to exceptional care close to home,” said Brian Ivie, Chief Executive Officer, Skagit Regional Health. “We are proud to partner with Public Hospital District No. 3, dba Stilly Valley Health Connections, and invest in facilities that will serve patients and families for years to come.”

“This project reflects our shared commitment to ensuring our community has access to high-quality healthcare close to home,” said Tim Cavanagh, Board Chair, Public Hospital District No. 3, Snohomish County. “Through strong partnership and thoughtful planning, we are helping meet both current and future healthcare needs in Arlington.”

Following remarks, participants took part in the ceremonial turning of the soil, symbolizing the official start of construction and a shared commitment to the future of healthcare in Arlington.

“It has been both an honor and a pleasure working with the Skagit Regional Health team on our second project together,” said Brad Goldberg, Executive Vice President of Development at Visconsi Companies, Ltd. “It is a demonstration of what can be accomplished when two talented and committed teams collaborate toward a shared goal.”

Construction is now underway, with the facility anticipated to open to patients in fall 2027.

To learn more about clinical services and Skagit Regional Health’s 25 clinics and two hospital locations, visit [SkagitRegionalHealth.org](https://www.SkagitRegionalHealth.org).

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About Skagit Regional Health: Skagit Regional Health includes Skagit Valley Hospital, Cascade Valley Hospital and a network of more than two dozen healthcare facilities providing primary and specialty outpatient care in Skagit, Island and north Snohomish counties. Skagit Valley Hospital in Mount Vernon, licensed for 137 beds, features cancer care, surgical services, a Level III Emergency Department, Family Birth Center, diagnostics and advanced heart and vascular care. Cascade Valley Hospital includes the 48-bed acute care facility in Arlington providing acute care, critical care, general surgery, a level IV Emergency Department and a wide array of outpatient and diagnostic imaging services. More than 3,000 employees and medical providers work to provide exceptional healthcare, always, for patients across Skagit Regional Health.