

Arlington Coalition for Healthy and Resilient Youth Meeting Notes for 2-13-25

Attendees

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| Abby Reveles | Arlington Library |
| Ardis Schmiede | Stilly Valley Health Connections |
| Baile Linklater | Youth |
| Brittany Bevis-Sciuto | SnoCo Health Dept |
| Chrys Sweeting | Arlington Public Schools |
| Jaime Robb | SnoCo Health Dept |
| Kailey Larson | Youth |
| Kerri Helgeson | Arlington Public Schools |
| Mandy Kruger | City of Arlington |
| Mayra Cruz | Youth |
| Mike Gilbert | Arlington Police Dept. |
| Rowan Hindle | Stillaguamish Tribe of Indians |
| Sarah Higginbotham | Stilly Valley Health Connections |
| Sarah Lopez | City of Arlington |

Welcome and Introductions

Mike started the meeting at 3:35pm and we each introduced ourselves.

Discussion and approval - Guiding Principles, Focus Areas, Strategies, and Activities

The guiding principles were approved with a spelling correction.

Our **guiding principles** are that we will be inclusive of youth, data informed, mutually beneficial, equitable, goal oriented, efficient, and capitalize on expertise in our respective organizations and our community.

The **focus areas** and their **strategies** were approved with revisions.

- Youth empowerment
 - Empowering youth to have a voice in substance use prevention and intervention.
- Support systems
 - Providing support to reduce youth substance use.
- Education for all
 - Providing information and resources about the harmful effects of substance use in our community, and prevention tips to mitigate misuse.

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After some discussion it was decided that the following **activities** are a base for the work groups to more clearly define their activity.

- Youth Empowerment - Youth inspired and led messaging.
- Support Systems - Fund a school-based prevention/intervention specialist to work with students and create a student recovery group.
- Education for All - Go to where people are to share and gather information from community members.

Work Groups

Sarah shared guidelines for work groups. Everyone selected a work group and discussed when and where they would meet before the next coalition meeting.

Education for All will meet on **Thursday, February 20th at 3:00pm** at the Arlington Library.

Youth Empowerment will meet on **Tuesday, February 25th at 11:00am** at Moe's on Olympic.

Support Systems will meet on **Wednesday, March 5th at 3:30pm** at the Arlington Public Schools district office.

Coalition Promotion & Marketing will meet on **Tuesday, March 4th at 1:15pm** online.

Next Meeting

Updates from work groups, including an update on activity definition for approval by coalition.