

Arlington Coalition for Healthy and Resilient Youth

Meeting Notes for 11-05-24

Attendees

Sector	Name
School - APS	Chrys Sweeting/Kerri Helgeson
Law Enforcement - APD	Nathan Bauer
Govt Agency - SVHC	Ardis Schmiede
Youth Serving - ABGC	Parker Coffey
Civic Group - Library	Monica Jackson
Parent	Mary Levesque
Govt Agency - City	Sarah Lopez
Media - City PIO	Mandy Kruger
Coalition Coordinator	Sarah Higginbotham

Warm-up – Since our last meeting

Mary shared about the coalition creation with the hospital administrator and discussed connecting a family practice doctor with the coalition.

Mandy shared about the coalition creation with Mayor Vanney who is interested in prevention for all community members and would like to attend future meetings.

Sarah Lopez shared about the coalition creation with the city directors about the coalition.

Chrys and Ardis worked together on an MOU for more coalition support in the schools.

Monica shared about the coalition creation with Abby the teen librarian that would like to be involved.

Parker shared about the coalition creation with staff and explored ways they can use their space and incorporate it into current programming.

Nate wasn't at the last meeting and shared how custodial issues impact prevention and intervention work.

Kerri shared the data from the coalition meeting with the school counselors and has a meeting with Arlington High School staff on Thursday to share data. She is also collaborating with Tammy Dee on suspension alternative programming.

Sarah H. attended the Washington State Prevention Summit and shared her desire to take students next year if funding allows.

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Leadership Team Structure

We reviewed the proposed descriptions of the Leadership Team, Coalition Chair, Coalition Vice Chair, Coalition Member, and Coalition Coordinator. The only revision is the removal of the Steering Committee for clarity.

The **Coalition Involvement Agreement** will be used by all organizations making a commitment to leadership, and by Arlington Public Schools as a template for an MOU for their commitment to the coalition.

Ground Rules from the original meeting will remain moving forward.

- Have courtesy.
- Be authentic.
- Have curiosity.
- Be open-minded.
- Be inclusive.
- Actively listen.
- Have fun.
- Stay on time.

Decision making will continue in person or via email between meetings. Polls will continue to be used as relevant to keep in-person meetings efficient.

Attendance expectations of 75% of meetings are covered in the Leadership Team expectations. It is agreed that whenever possible a team member will attend the meeting when the primary sector representative is not available.

Coalition Membership

Primary missing sectors as found by the poll and who will contact them include:

- Substance abuse organizations – Catholic Community Services (Sarah H.)
- North County Fire/EMS (Sarah H.)
- Social Service Agencies
 - Arlington Community Resource Center (Sarah H.)
 - Snohomish County Health Department (Sarah H.)
- Stillaguamish Tribe of Indians (Chrys/Kerri)

Youth recruitment will include:

- Chrys and Kerri – Student Advisory Council
- Monica – students from the library
- Parker – students at Arlington Boys and Girls Club

The goal is to have representation from Post and Haller Middle Schools, along with Arlington and Weston High Schools. Provide a recruitment flyer to go with personal recruitment (Sarah H.).

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Communication

Information sharing will continue via email while Sarah works with Stilly Valley Health Connections IT person to find options based on feedback from the member poll that are possible for the hospital district.

Annual Calendar

The meeting schedule is TBD. The poll showed the first week of the month and Tuesday and Thursday to be the best days for current representatives to meet at 3pm. We will follow up once we get feedback from potential youth members.

A draft with potential monthly themes and events was presented.

Next Meeting

Our goal for the next meeting is to have students present to work on defining strategies versus activities for each of the focus areas. We will also identify who will be in the Chair and Vice Chair roles.